


# JOIN THE OSHER INSTITUTE!



A membership organization  
for adults over the age of 50 seeking to  
enrich their lives through lifelong learning.

**2026 Winter Quarter Registration**  
[extendedstudies.ucsd.edu/olli/join](https://extendedstudies.ucsd.edu/olli/join)  
[unex-reg@ucsd.edu](mailto:unex-reg@ucsd.edu)

UC San Diego



## Winter 2026 Program Highlights Featuring Distinguished Local Academics and Experts In Person and Live-Streamed via Zoom

**Master Class I: Research from the Astrophysics and Astronomy Department**  
Faculty Members from the Department

**Master Class II: The Supreme Court and Key Constitutional Quandaries**  
Professor Glenn Smith

**Premier Class: The History of Chinese Art in Ten Objects**  
Tiffany Wai-Ying Beres, PhD

**Premier Class: Latin American Immigration to the U.S.: What's Happening and Where Do We Go From Here?**  
Professor Brad Barham

**Premier Class: Western Philosophers: Descartes, Spinoza, Locke**  
Professor Peter Bolland

**Premier Class: The History of Neuroscience in Five Acts**  
Professor Cathy Gere

**Premier Class: Happiness: Don't Worry, Be Happy! Is it Possible in Today's World?**  
Beverly Sanborn, MSW

**Premier Class: The Hollywood New Wave 1960s-1980s: Rebels and Conglomerates**  
Stuart Voytilla, MFA

**America and the World in an Era of Conflict, Confrontation, and Uncertainty**  
Vice Admiral Charles Martoglio, USN Retired

**Weather on Steroids: Extreme Events in California's Changing Climate**  
Alexander Gershunov, PhD

**Echoes in the Rabbit Hole: The Roles of Disinformation, Misinformation and Conspiracy Theories in Public Health**  
Professor Brian Spitzberg

**Domestic Terrorism and Violent Extremist Activities**  
Professor Robert Ciaffa

**Heart Disease in Women: A Different Disease**  
Steven Phillips, MD

**Digital Legacy and End-of-Life Planning: Navigating the Future With Confidence**  
Quelda Wilson, PhD

**The Negative Impact of Microplastic Pollution on the Ecosystem and Human Health**  
Demitry Deheyn, PhD

**The Algae Revolution: From Pond Scum to a Sustainable Future**  
Professor Michael Burkart

**Women Crossing Boundaries: Gender and Migration**  
Professor Oliva Espin

**An Insiders Scoop on the Academy Awards**  
Andy Friedenberg, Founder of the San Diego Cinema Society

**Mindfulness and Wellbeing - Meditation Mondays and Chair Yoga Wednesdays**

**Informed Member-Led Discussions of Politics, Current Events, History and Literature**

**Theater World, Field Trips, Live Music Fridays, and Member Luncheons**

**Enrichment Through Lifelong Learning**

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**JOIN US!**

## **WINTER OPEN HOUSE**

**JANUARY 3, AT 9:30 A.M.**

at 8980 Villa La Jolla Drive and via Zoom  
[extendedstudies.ucsd.edu/olli/openhouse](https://extendedstudies.ucsd.edu/olli/openhouse)



*"After a career in industry, I am semi-retired and am thrilled to have discovered the Osher Institute at UC San Diego. From art to astrophysics, each day's lectures bring exciting opportunities for me to learn, engage with distinguished faculty speakers, and interact with a group of interested and interesting, educated colleagues. I am enjoying attending classes in person but am also pleased that I have the option to participate in classes via Zoom."*

— **Nancy Neigus**  
Osher Member



The Osher Lifelong Learning Institute at UC San Diego is a membership program for adults over the age of 50 who want to enrich their lives through continued learning and engagement. Osher features twice-daily lectures and seminars by the outstanding faculty and researchers of UC San Diego and the entire San Diego academic community, as well as local leaders, artists and musicians. Class topics include Medicine, Science, Law and Society, History, Art and Humanities, International Relations, Literature and Social Sciences. Informed member-led discussions of current events, literature, history, member luncheons, and field trips enhance the Osher experience at UC San Diego.

During the upcoming quarter most in-person classes will be simultaneously live-streamed via Zoom. By enrolling in an Annual or Quarterly membership, you will have access to LIVE lectures every day without separate fee or registration. Members can attend all scheduled classes or pick and choose the courses that fit their individual schedules. Annual and Quarterly members also have unrestricted access to the members-only online video library of recorded lectures from this quarter and those recorded previously. The Online Affiliate Membership option does not include participation in our live daily program but will give you twelve months of access to the online video library.

For a one-time Annual or Quarterly membership fee, members enjoy:

- Convenient daytime classes
- No prerequisites, grades or tests
- No separate class registration required
- Unlimited class participation
- Access to an extensive online recorded lecture library

### **MEMBERSHIP FEES:**

- Prorated Annual Membership: \$300
- Winter Quarter: \$125
- Online Affiliate Annual Membership: \$50\*

*\* Online Affiliate Membership only provides access to the Osher online video library of recorded lectures. Visit the Osher website for more details.*

**REGISTER TODAY:** [extendedstudies.ucsd.edu/olli/join](https://extendedstudies.ucsd.edu/olli/join) | [unex-reg@ucsd.edu](mailto:unex-reg@ucsd.edu)  
**INFORMATION:** [olli@ucsd.edu](mailto:olli@ucsd.edu)

## **KEY DATES – 2025–2026 Academic Calendar**

Open House: January 3, at 9:30 a.m. In Person and via Zoom

Winter Quarter: January 5 to March 13, 2026